



## Activity Monitoring Form

**ROBIN HOOD**

	Oui	Non	Comments
Range set up			
Instructor arrived on time			
Group met, medical information checked, correct clothing checked			
Arrows carried to the range safely			
Red flag raised when the range is in use			
Safety brief given to all participants prior to shooting to include: <ul style="list-style-type: none"> <li>• Waiting area, shooting line, range rules</li> <li>• Safety commands</li> <li>• Method for retrieval of arrows (if over 14)</li> </ul>			
A clear explanation and demonstration of appropriate safe shooting techniques done before participants shoot their first arrow			
All participants wear arm bracers when shooting throughout the session			
Arrows are of suitable length that the participant cannot overdraw			
Bows not loaded until all participants are in position on the shooting line and the range is clear			
Waiting participants must remain in the defined waiting area throughout the session			
Instructors must remain attentive throughout the session and ensure all participants can be observed whilst on the shooting line			
Instructor must give clear instructions to indicate when shooting can commence			
Bows and arrows should remain pointed down the range at all times			
Session pitched appropriate to age, ability, aims			
Session progression orderly, fluent and well paced			
All members of group actively encouraged to participate			
Session is fun, enjoyable and lively			
Instructor always in control of the session / group			



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The instructor was friendly and enthusiastic			
The instructor encouraged and praised the individuals / group			

**After the Activity:**

Bows must be de-strung between each session and stored securely if there is no immediate follow on session			
All arrows accounted for			
A worthwhile review including workbooks took place			
All equipment returned and stored in the correct place			
The activity was enjoyed by the group			
The activity finished on time			

**The Instructor:**

Did the instructor demonstrate adequate knowledge of the activity?			
Did the instructor have full control of the group / activity at all times?			
If there were any accidents, incidents or near misses, did the instructor deal with these well?			
Was the instructors approach and attitude to the group and teacher(s) as required / expected?			
Does the instructor require further training?			

**Comments and Action Points:**