

## Session plan and risk assessment

### Outside games

**Session length:** 90 minutes

**Instructor/participant ratio:** 1/40 (+ teachers)

**Session aim:** to enable children to practise listening skills in French to understand instructions and to practise vocabulary linked with this activity + to build a good group atmosphere

**Equipment required:** everything needed depending on the games you want to play, a walky talky and a first aid kit.

**Suitable activity areas:** somewhere out at the château according to the availability (to check out WITH the other instructors and BEFORE the beginning of the activity)

Time	Content of the activity
-10	<p>Preparation of the activity:</p> <p>Check the information regarding the group: age, aptitude, experience and number of children</p> <p>Check that you are aware of medical problems</p> <p>Take the equipment needed out, including a whiteboard for scoring and check the place is tidy (no chairs, benches, ...)</p>
0	<p><b>Meet the group</b></p> <p>Introduce yourself and describe the activity. Check the group: correct group, number of children, medical information, and correct clothing/footwear.</p>
10	<p><b>Presentation of the activity</b></p> <p>Explain to the children what you are going to do and what behaviour you expect from them.</p> <p>For each game:</p> <p>-explain the objective of the game</p>



-do a safety briefing

-check the children are wearing the appropriate shoes (no flip-flops if they need to run)

**Note:** Think of at least 3 games and try to vary and adapt them to the group you have. You can use the file in the staff room to help you.

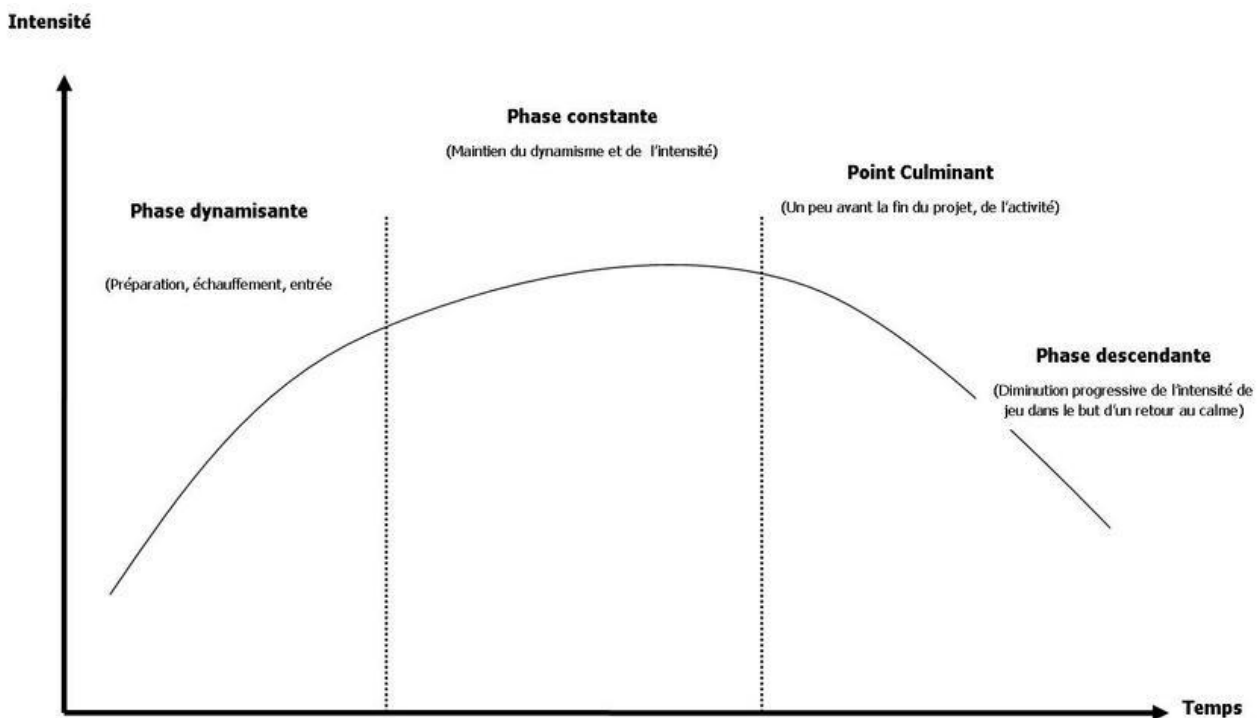
Think about the continuity of your activity and the links between the games to keep a good rhythm. That will help you to keep control of the group.

During the games make sure you keep control of the group and that you don't "overexcite" them. Be ready to interact if there are any problems and check that the children aren't cheating.

Stay active. You can play with the group but don't forget you are **RESONSIBLE** for the activity.

If you do a competition, don't let the children pick their teams. Try to keep the scores as close as possible to keep all the children motivated.

Remember to follow the intensity curve (see below) to have a good and appropriate rhythm for your session (remember - finish with a calmer game at the end of the evening).



85 Review the activity and thank the group. Guide the group back to the château if needed.

90 **Tidying**

Put the equipment back in the right place.

Note down what games you did on the school's programme.

**Review tools for Outside games:**

What I liked                      Positive feedback

Language linked with the activity

**RISK ASSESSMENT**

<b>Danger</b>	<b>Risk</b>	<b>Persons at risk</b>	<b>Degree of probability</b>	<b>Control measure</b>	<b>Consequence</b>
Uneven / slippy surfaces	Injury	Instructor/gro up	Medium	Instructor to check that the activity area is safe and to inform the group of any possible dangers. Instructor to check that the children are wearing the correct equipment and shoes.  Instructor to select the games in order to keep control of the group.	Medium
Damaged equipment	Injury	Group	Medium	Instructor to check all the equipment before and during the activity	Low
Incorrect use of equipment	Injuries caused by an accident with the equipment	Group	Medium	Instructors should carry out a safety brief at the beginning of the activity and should supervise use of	Low



				equipment.	
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